



HELP | HOPE | HEALING

"How blessed is he whose help is the God of Jacob,  
whose hope is in the Lord his God." Psalm 146:5

The women's ministry of Keltys First Baptist Church



## What is the Mentoring Ministry?

It is a ministry for women of all ages based on Titus 2:3-5. It is a ministry that intentionally develops friendships among women of different generations. Women invest in the lives of each other through encouragement, guidance, listening, laughing and loving. The goal is to form strong and lasting relationships that are a source of support, growth and strength.

## What is a Mentor and what does she do?

- A mentor is a wise woman who is mature in faith and consistent in godly conduct.
- She is willing to listen, share skills, and provide a positive perspective for life experiences.
- She provides wisdom and offers a spiritually sound, safe and fun friendship to a younger woman.
- "One leads simply because she knows the path a little better."

## Why have a Mentoring Ministry?

- The Lord commands us to tell the next generation – Psalms 145:4, 48:13, 71:18, and 78:4.
- Teaching what we've learned is the Lord's plan for growth and maturity – Titus 2:2-5.
- Spiritual friendships are extremely valuable in a woman's life - Proverbs 27:9 and 17.

## What commitment does the Mentoring Ministry require?

- Your commitment is from September to May – about 9 months.



- You agree to make contact once a week, i.e., email, calls, card, etc.
- You agree to meet once a month, i.e., church, Bible study, fun activities, etc.
- You agree to pray for each other regularly.

## How will I be “matched” with my partner?

It is a two-step process:

STEP 1: You must complete the profile sheet, and turn it into the Women’s Ministry director (Vercie McMullen).

STEP 2: Your profile sheet will be prayed over for 10 days. Mentoring Prayer Team will determine the partners and begin calling the Mentors. Mentor will then call their new mentoree.

## Creative Ideas for Building Relationships (How to Mentor and be Mentored)

1. Share a time when you were aware of God’s presence, help or timing in your life.
2. Read a chapter in the Bible every day; share once a week what the verses said to you.
3. Read the same book, a chapter a week, and discuss what you have learned.
4. Keep a daily journal describing how you have seen God in your life that day. Share some highlights with your partner each week.
5. What concerns have been on your heart lately?
6. Pray daily for your partner. Initiate praying together.
7. As you pray about specific problems, discuss how God has been answering your prayers.
8. Write a simple note or poem expressing your love or appreciation for your partner’s being willing to be your friend.

9. Give a heart-felt hug or touch.
10. Could you give an encouraging word? (Proverbs 17:22)
11. Drop off a surprise gift of two mugs you have made or bought.
12. Give a simple green plant – to grow as your friendship grows.
13. Call to sing or wish “Happy Birthday.”
14. Simple call to ask, “How are you?”
15. What is your talent? Could you make a simple memento for your partner?
16. Give a bookmark you made or bought.
17. Share a favorite dessert.
18. Meet for coffee, tea, breakfast, lunch or dinner (don’t forget going for dessert).
19. Share a normal activity: a walk, sporting activity, errand, meal, etc.
20. Attend a Bible study together.
21. Can you make an apple pie, balance a budget or make bread together?

# Mentoring Ministry Profile Sheet

Please fill out all the information. Use the back or another sheet if necessary!

Personal Information:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthday: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Marital Status: S   M   W   D   Blended family

Profession: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Children's/Grandchildren's Name(s) and Age(s):

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Keltys Information:

Attended Since: \_\_\_\_\_ Sunday School Class: \_\_\_\_\_

Other Church Activities Involved In:

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## Tell us about you!!

Briefly describe your salvation experience.

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Interests, hobbies, talents, desires, needs, hopes and passions!

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What are you looking for in a mentoring relationship?

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What do you feel you can give to a mentoring relationship?

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What situations has the Lord allowed in your life that you could share in this relationship?

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Please add any other information that will help us match you with the best partner.

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Note: Please consider time restraints that would prevent a positive, successful relationship.

*Two are better than one, for they have a good return for their work; if one falls down his friend can help him up. Ecclesiastes 4:9*

## Mentoring Covenant

We will make a nine-month commitment to our mentoring relationship.

We will contact each other once a week and meet a face-to-face a minimum of once a month.

We will pray for each other and ask the Lord to deepen our bond of friendship.

We will spend time together, walking together through spiritual disciplines, involvement in various ministry events, or enjoying other activities together.

We will make an effort to keep our relationship ongoing, consistent and fun; we will always ask God to be a part of it and bless it.

We will make our relationship a priority, sharing openly and honestly, and set aside time for it in our schedules.

We will keep our sharing confidential – just between the two of us – unless we agree that it is OK to share with someone else. We will talk only about ourselves and our personal journeys.

Other promises we are making to each other:

We are committed

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(Mentor)